

# Personal Affairs Guide: A Personal Inventory for Peace of Mind

MOAA has created this workbook to assist you and your family in gathering crucial information — from investments to legal documents, insurance policies, and more. We hope you find this workbook valuable. For additional information, email beninfo@moaa.org, call MOAA's Member Service Center at (800) 234-MOAA (6622), or search the MOAA website at www.moaa.org.

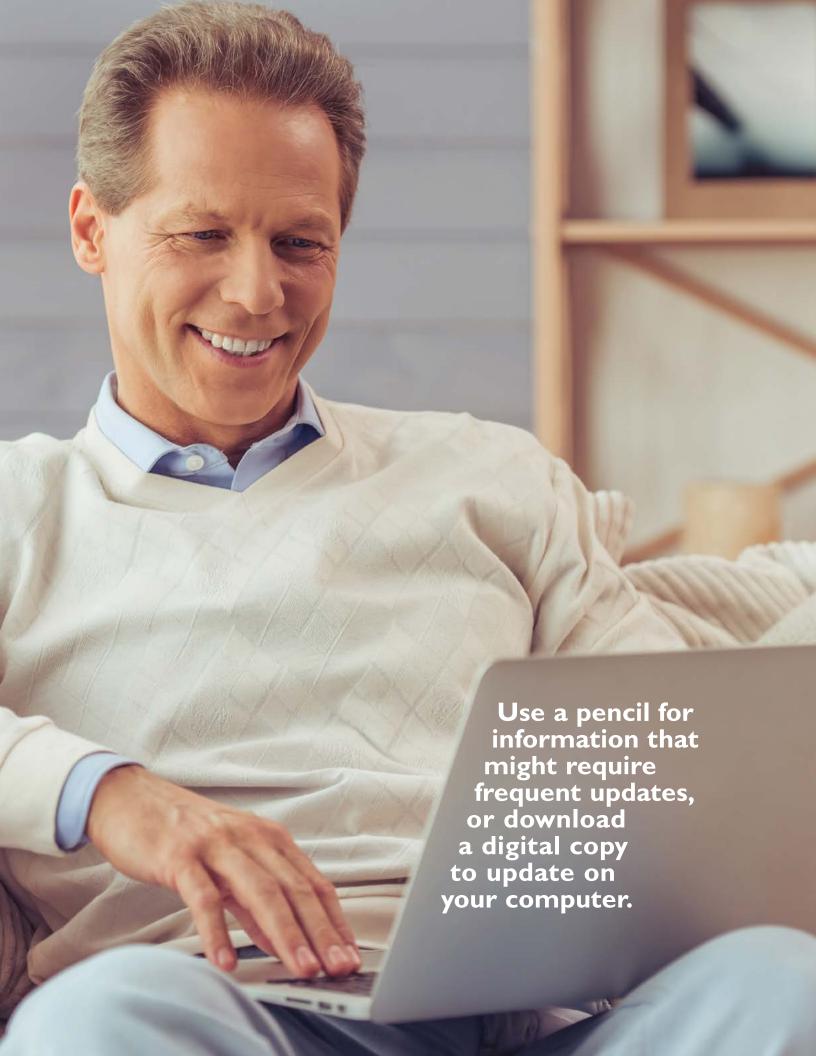
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# Introduction

# "THE BIGGEST MISTAKE REGARDING RECORD-KEEPING IS NOT WRITING THINGS DOWN OR NOT REMEMBERING WHERE YOU WROTE IT DOWN."

 David Mellum, the National Association of Tax Practitioners

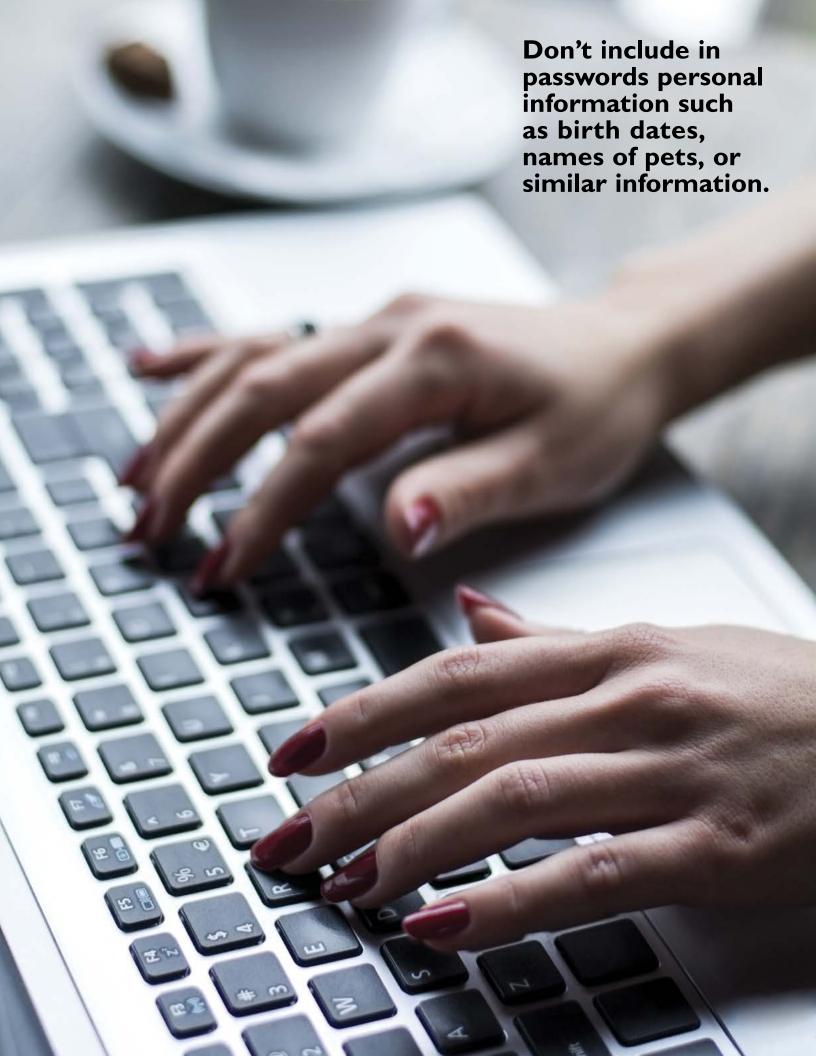
Life often takes unexpected turns. This inventory should become an appreciated and valuable resource for you and your loved ones if assistance regarding personal information becomes necessary. Completing this document not only will benefit your family but also you, as it should instill more peace of mind that you're prepared for life's changes.

This inventory offers you an opportunity to organize crucial information in one compact list, readily accessible at home. Use this workbook to get a handle on essential data, from basic contact information to investments, legal documents, schools, insurance policies, and much more. This publication also takes personal planning one step further by allowing you to organize data regarding your family.

Organizing — and periodically updating — pertinent data in an all-in-one, easy-to-access workbook ensures you'll have all sorts of important information at your fingertips. Once you've completed this workbook, keep its contents in a safe place. Consider using a fireproof safe and keeping copies in secure places outside your home. Write with a pencil in sections that are sure to need frequent updates.



- Email beninfo@moaa.org.
- Visit the MOAA website at www.moaa.org/benefitsinfo.
- Call the MOAA Member Service
   Center at (800) 234-MOAA (6622).
- Mail MOAA
   Transition Center
   Benefits and Financial Education
   201 N. Washington St.
   Alexandria, VA 22314



# Chapter 1 Personal Data Security

Digital electronics have come a long way in a short period of time. In an age when the majority of Americans are connected digitally and strive to accomplish more tasks with the tap of a finger, great advancements are being made to help us achieve our goals more effectively and efficiently. We now have the ability to complete banking transactions, manage investments, turn water and lights on and off in our houses, and manage our military pay and benefits from anywhere in the world via digital devices. Maintaining secure access to personal online data can be a burden, so it's helpful to keep your usernames, passwords, and accounts organized.

# THE IMPORTANCE OF PASSWORD MANAGEMENT

Establishing and keeping track of strong, effective passwords is an essential, though sometimes daunting, piece of the puzzle. With great technological advancements comes the risk of cyber criminals targeting us when we leave ourselves vulnerable online. Banking continues to move toward entirely electronic services, and most organizations and associations promote online access to information and benefits. If you wish to keep your information private and secure online, you will need a strong password.

The passwords you use should not be easy to determine or include personal information such as birth dates, license numbers, Social Security numbers, names of pets, or similar information. It also is recommended you do not use full names or full words as part of your password, as these items can be easier to hack. Using combinations of capital letters, numbers, and symbols strengthens your

security. One option is to use mnemonic phrases that are easy to remember. For example, the phrase "I served two tours in Vietnam!" becomes Is2tiV! by using a single character for each word.

In the event of a loved one's death, it is important to tie up any loose ends by closing appropriate online accounts. This prevents personal information from being accessed in the future by anyone other than system administrators. Typically, accounts with organizations, associations, or social media sites can be discontinued by logging in; going to the "my account," "preferences," or "settings" pages; and locating the appropriate link to cancel. Online bank accounts and sites with more sensitive personal information are best dealt with by contacting the entity to which the deceased belonged. Use this workbook to make sure the most important accounts are handled appropriately.

#### WHERE TO STORE THIS BOOK

Your most valuable information is included here, so be sure to keep this workbook in a safe place. A fireproof box or safe would be most appropriate and ensures this information is protected from harmful accidents and people who should not see it. If you download the workbook and fill it out electronically, save a copy to your hard drive. Of course, it is important to let your close relatives and/or lawyer know of the workbook's location, as the purpose is to have such information readily accessible at times when you are unable to provide it. Treat this workbook like you treat your other important documents, such as your Social Security card, birth certificate, or passport. Protecting this information is critical to protecting yourself and your loved ones.

# Chapter 2 Record-keeping

SELF	SPOUSE		
Full name	Full name		
Rank and service	Rank and service		
Social Security number	Social Security number		
Date of birth	Date of birth		
Driver's license state, number, and expiration date	Driver's license state, number, and expiration date		
Military ID expiration date	Military ID expiration date		
Employer point of contact and phone number	Employer point of contact and phone number		
Current address			
Date and state of marriage			
State of residence and home of record (if applicable)			
PREVIOUS MARRIAGES (IF ANY)			
To whom	To whom		
Date and place	Date and place		
How it ended and place	How it ended and place		

# ADULT CHILDREN AND OTHER RELATIVES (Download more copies at www.moaa.org/publications.)

Full name	Full name
Relationship	Relationship
Phone number	Phone number
Social Security number	Social Security number
Place of birth	Place of birth
School/employer	School/employer
Contact number	Contact number
Current address (if applicable)	Current address (if applicable)
Full name	Full name
Relationship	Relationship
Phone number	Phone number
Social Security number	Social Security number
Place of birth	Place of birth
School/employer	School/employer
Contact number	Contact number
Current address (if applicable)	Current address (if applicable)

### **MEDICAL**

Military treatment facility and phone number	
Web address	Username/login
	Password
Primary care provider and phone number	
Web address	Username/login
	Password
TRICARE phone number (if applicable)	
Web address	Username/login
	Password
Other primary care provider and phone number	
Family dentist and phone number	
Eye doctor and phone number	
Other doctor and phone number	
VA hospital and phone number (if applicable)	



## PHARMACIES

Military pharmacy phone number		
Web address	Username/login	
	Password	
Local pharmacy phone number		
Web address	Username/login	
	Password	
Mail-order pharmacy phone number		
Web address	Username/login	
	Password	

## **EDUCATION SELF SPOUSE** Institution attended Institution attended Institution attended Institution attended Year(s) Year(s) Degree(s) conferred Degree(s) conferred **EMPLOYMENT SELF SPOUSE Employer Employer** Address Address Point of contact name and contact information Point of contact name and contact information Title Title Phone number Phone number Email address Email address Human resources department contact information (if Human resources department contact information (if active duty, ombudsman or family readiness group contact active duty, ombudsman or family readiness group contact information) information) MEMBERSHIP IN ASSOCIATIONS OR CLUBS Name of association or club Contact information Member since Membership number Name of association or club Contact information

Member since

Membership number

#### FAMILY RECORDS AND LOCATIONS

If you haven't already established a storage location for each of these important documents, now is a good time to do so, whether in a fireproof box or safe, a safe deposit box, or some other secure location.

#### **SOCIAL SECURITY**

SBP base amount

	www.ssa.gov. If you have questions about a specific situation, www.ssa.gov, clicking "Contact Us" from the menu at the top of our ZIP code.
Local Social Security Administration office	Contact information
Location of Social Security cards	_
Current monthly benefit (self)	Current monthly benefit (spouse)
MILITARY SERVICE RECORDS	
Records Center holds records for those who've serv Guard. Call (866) 272-6272 or (314) 801-0800 for a can visit the website at www.archives.gov/st-louis/r	DD Form 214, DD Form 215, individual performance
Military branch	Date entered service
Date of retirement	Location of DD Form 214/215 and other records
military pay and SBP	
Plan (SBP). To learn more, visit www.dfas.mil or call	) provides payment for military pay and the Survivor Benefit a DFAS customer service representative at (888) 332-7411 (select military pay statements at https://mypay.dfas.mil/mypay.aspx.
Monthly retired pay	SBP survivor's annuity
Monthly VA pay	My Pay Statement login/email address

Note: DFAS passwords expire every 150 days, and users will receive a reminder email 10 days prior to password expiration. Answers to security questions might be required to reset your password online.

Password

# VA INFORMATION (WWW.VA.GOV)

Local veterans' service organization	Contact name	
Phone number	Address	
Location of VA records	Disability	
VA claim number	Beneficiary	
Disability award date	Current monthly benefit	
VA GI bill benefit		
Post-9/11 Gl Bill benefit transferred		
VA eBenefits username/login	Password	



## ADDITIONAL DOCUMENTS OF IMPORTANCE

List where you keep the following, as applicable:

Birth certificates of each family member	Mortgages
and the second of the second o	110.182800
Medical and immunization records	Loans
Passport (record passport number, if desired)	Insurance
Adoption papers	Other property titles
Naturalization papers	Credit cards
Divorce decree, death certificate, or certified copies thereof for either spouse	Wills, powers of attorney, or advance directives
Marriage certificate	Funeral desires
Car titles	529 accounts
Deeds	Investments (stocks, bonds, or 401(k) and retirement plans)



# Chapter 3 Financial Information

**INCOME TAX** 

Some of these listings will be joint accounts; some will be individual. Many banks, credit card issuers, etcetera will not share account information with non-account holders. Does the non-account holder in each of these listings have permission on file with the financial institution to make inquiries about or changes to the account? This could be helpful if the account owner is unable (or becomes unable) to make decisions about the account.

# Location of copies of federal and state income tax returns and related documents SAFE DEPOSIT BOX Name and address of bank or trust company **Password** Name of keyholder(s) and authorized users Location of key **ELECTRONIC TRANSACTIONS** Recurring electronic transactions (credits or debits), by account Net income credited To account From account Mortgage Vehicle(s) From account Credit cards From account **Utilities** From account Insurance From account Other Other

#### FINANCIAL AND RETIREMENT ACCOUNTS AND ANNUITIES

Include checking, savings, credit union, and college savings accounts (and accounts in children's names). Financial institution Phone number Username/login **Password** Account numbers and owner Financial institution Phone number Username/login Password Account numbers and owner Financial institution Phone number Username/login **Password** Account numbers and owner Financial institution Phone number Username/login **Password** Account numbers and owner Financial institution Phone number Username/login **Password** 

Account numbers and owner

### **CREDIT CARDS**

Name of creditor	Account number
Cardholder names	Phone number
Website	Username/login and password
Name of creditor	Account number
Cardholder names	Phone number
Website	Username/login and password
Name of creditor	Account number
Cardholder names	Phone number
Website	Username/login and password
Name of creditor	Account number
Cardholder names	Phone number
Website	Username/login and password
Name of creditor	Account number
Cardholder names	Phone number
Website	Username/login and password

# ASSETS, LOANS, AND OTHER LIABILITIES (Download more copies at www.moaa.org/publications.)

Description of Asset					
Owner If joint, what kind?	<ul><li>□ self</li><li>□ survivorship</li><li>□ other with client</li></ul>	☐ spouse ☐ common ☐ other with spouse	☐ joint ☐ entirety e	□ community property	
Lender and account	number		Date and a	mount of original loan	
Length of loan and ir	nterest rate		Monthly pa	yment	
Lender website			Lender username and password		
Insurance company a	and account		Insurance p	remium payment	
Insurance website			Insurance u	sername and password	
Description of Asset	:				
Owner If joint, what kind?	<ul><li>□ self</li><li>□ survivorship</li><li>□ other with client</li></ul>	☐ spouse ☐ common ☐ other with spouse	□ joint □ entirety e	□ community property	
Lender and account	number		Date and a	mount of original loan	
Length of loan and interest rate			Monthly pa	yment	
Lender website			Lender use	rname and password	
Insurance company and account			Insurance p	remium payment	
Insurance website			Insurance u	sername and password	

# Chapter 4 Insurance

This section covers both health and financial insurance. It is a reference guide for financial-asset coverage; TRICARE or supplemental health policies; dental, vision, short-term disability, or long term care insurance; and specialized policies for specific circumstances such as cancer.

In the event of the death of a policyholder or a beneficiary, notify insurance companies promptly to avoid unnecessary costs. Each private insurance company will require a certified copy of the death certificate.

#### LIFE INSURANCE

SELF	SPOUSE
Insurance company	Insurance company
Phone number	Phone number
Website	Website
Username/login and password	Username/login and password
Policy number(s)	Policy number(s)
Type of policy and expiration	Type of policy and expiration
Name of insured	Name of insured
Name of beneficiary	Name of beneficiary
Owner	Owner
Death benefit and loans (if any)	Death benefit and loans (if any)

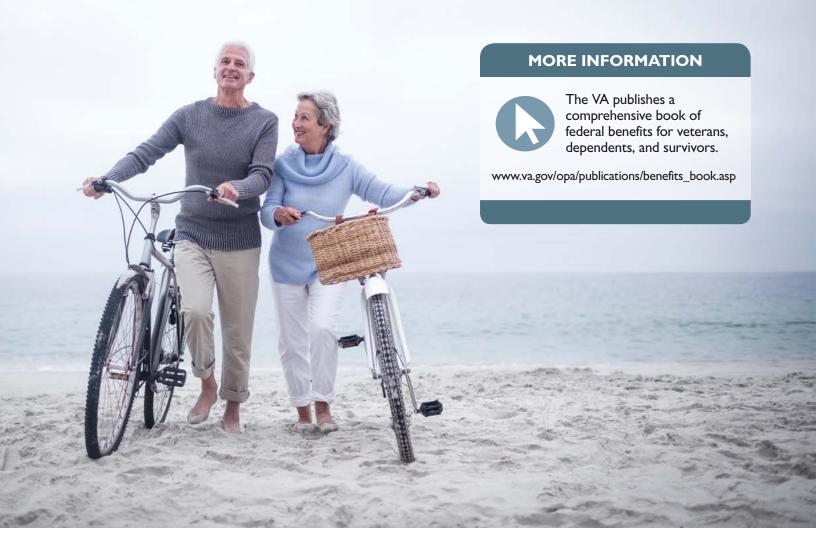


MOAA offers members many insurance plans, including life and long term care insurance and a TRICARE supplemental plan called MEDIPLUS®. Visit www.moaainsurance.com to learn more about plan details and low group rates.

### LONG TERM CARE INSURANCE

SELF	SPOUSE
Insurance company	Insurance company
Phone number	Phone number
Website	Website
Username/login	Username/login
Password	Password
Policy number	Policy number
Elimination period	Elimination period
Daily benefit	Daily benefit
Lifetime benefit	Lifetime benefit
Home health care provision ☐ Yes ☐ No	Home health care provision ☐ Yes ☐ No





# SURVIVOR BENEFIT PLAN AND DEPENDENCY AND INDEMNITY COMPENSATION

The Survivor Benefit Plan (SBP), Reserve Component Survivor Benefit Plan, and Retired Serviceman's Family Protection Plan provide eligible beneficiaries with a form of benefit called an annuity. An annuity is a monthly payment for the lifetime of the beneficiary. The amount of the benefit is a percentage of your retirement benefit based on your election. You may leave an annuity only to eligible beneficiaries.

Election to participate in these programs generally is made at the time of retirement, although some situations allow a retiree to add coverage after retirement. In most cases, costs to participate are deducted from the retiree's monthly pay and are based on the amount of coverage a retiree elects.

Retroactive to Sept. 10, 2001, SBP was amended to benefit survivors of servicemembers who die while serving on active duty. If you die on active duty, your survivors will be eligible for SBP. The SBP annuity will be calculated as though you had retired on total disability. Total disability means your retired pay would be 75 percent of basic pay,

with your SBP beneficiary drawing 55 percent of that amount. For most on active duty status, this equates to approximately 41 percent of base pay at time of death.

SBP provides income protection for service retirees' survivors. Because service retirement pay ends with the servicemember's death, SBP is a way to pass on a portion of earned retirement pay to servicemembers' survivors. SBP also is indexed to the annual COLA, so annuities maintain relative value over time.

The VA's Dependency and Indemnity Compensation is a monthly payment made to eligible survivors. Those eligible include survivors of active duty servicemembers and veterans whose deaths were determined by the VA to be service-related. It is a flat monthly payment independent of the pay grade of the veteran. This payment is adjusted annually for cost-of-living increases and is tax-free.

If you are currently serving and would like more information regarding SBP, check out MOAA's publications on the topic at www.moaa.org/publications. There, you'll also find publications to help military survivors.

#### **HEALTH INSURANCE**

TRICARE (WWW.TRICARE.MIL)

Include TRICARE and supplemental health policies and dental, vision, short-term disability, long term care, accident, and specialized policies for specific circumstances such as cancer. MOAA's insurance offerings include MEDIPLUS\*, with flexible coverage that allows you to choose the best plan for yourself and your family. MEDIPLUS works hand-in-hand with your TRICARE coverage to pay more of your medical bills and gives you protection for everything from hospital stays to doctor visits and prescription medications. Find out more at www.moaainsurance.com.

Regional provider	Phone number
Sponsor's beneficiary number	Regional website login and password
OTHER MEDICAL INSURANCE	
SELF	SPOUSE
Insurance company	Insurance company
Phone number	Phone number
Website	Website
Username/login	Username/login
Password	Password
Policy number	Policy number
Name(s) of insured	Name(s) of insured
Annual deductible	Annual deductible
Copayment	Copayment
HEALTH CARE FLEXIBLE SPENDING	G ACCOUNTS
SELF	SPOUSE
Account ID number	Account ID number

#### **DENTAL INSURANCE**

SELF	SPOUSE
Insurance company	Insurance company
Phone number	Phone number
Website	Website
Username/login and password	Username/login and password
Policy number	Policy number
Name(s) of insured	Name(s) of insured
Annual deductible	Annual deductible
Copayment	Copayment
VISION INSURANCE	
SELF	SPOUSE
Insurance company	Insurance company
Phone number	Phone number
Website	Website
Username/login and password	Username/login and password
Policy number	Policy number
Name(s) of insured	Name(s) of insured
Annual deductible	Annual deductible
Copayment	



### OTHER INSURANCE

Appointment phone number

This is the place to include your renter's insurance information if you don't own your home, and it's also a good spot to note any policy riders for high-ticket items and collectibles. For example, some people have health care coverage for their pets.		
VA HOSPITAL		
Hospital name		
Hospital address		

# Chapter 5 Wills and Other Arrangements

Let's focus on the basics — wills and powers of attorney. If you don't have these, contact the staff judge advocate office at your closest installation for help drafting these and other legal documents.

#### **WILLS SELF SPOUSE** ☐ I have executed a will ☐ I have not executed a will ☐ I have executed a will ☐ I have not executed a will Will is kept at Will is kept at Executor's name and contact information Executor's name and contact information Lawyer's name and contact information Lawyer's name and contact information ☐ I have executed a living will/advance directive ☐ I have executed a living will/advance directive ☐ I have not executed a living will/advance directive ☐ I have not executed a living will/advance directive (The living will — also known as a medical directive or (The living will — also known as a medical directive or advance health care directive — is a declaration of what advance health care directive — is a declaration of what medical care and/or procedures you do or do not want medical care and/or procedures you do or do not want should you become incapacitated due to injury or illness.) should you become incapacitated due to injury or illness.) Living will/advance directive is kept at Living will/advance directive is kept at Executor's name and contact information Executor's name and contact information Lawyer's name and contact information Lawyer's name and contact information

#### SAFE DEPOSIT BOX

See page 14

### **POWERS OF ATTORNEY**

Powers of attorney come in many forms — medical, general, and financial. Ensure you have the ones you will need and that you understand their scope. Remember, a durable power of attorney will survive your incapacity, but no power of attorney survives your death.

SELF	SPOUSE
☐ I have executed a general power of attorney ☐ I have not executed a general power of attorney	☐ I have executed a general power of attorney ☐ I have not executed a general power of attorney
Туре	Туре
Date established/expiration date	Date established/expiration date
Power of attorney information is kept at	Power of attorney information is kept at
Naming (agent or attorney in fact)	Naming (agent or attorney in fact)
Address	Address
Contact information	Contact information



SELF	SPOUSE
☐ I have executed a health care power of attorney ☐ I have not executed a health care power of attorney	$\Box$ I have executed a health care power of attorney $\Box$ I have not executed a health care power of attorney
Туре	Туре
Date established/expiration date	Date established/expiration date
Power of attorney information is kept at	Power of attorney information is kept at
Naming (agent or attorney in fact)	Naming (agent or attorney in fact)
Address	Address
Contact information	Contact information
SELF	SPOUSE
<ul> <li>□ I have executed a living will/advance medical directive power of attorney</li> <li>□ I have not executed a living will/advance medical directive power of attorney</li> </ul>	<ul> <li>□ I have executed a living will/advance medical directive power of attorney</li> <li>□ I have not executed a living will/advance medical directive power of attorney</li> </ul>
Туре	Туре
Date established/expiration date	Date established/expiration date
Power of attorney information is kept at	Power of attorney information is kept at
Naming (agent or attorney in fact)	Naming (agent or attorney in fact)
Address	Address
Contact information	Contact information

By filling in the previous sections of this workbook, you've been proactive about making sure you have a family resource that might be useful in daily life as well as in emergencies. You can continue to make those proactive choices by reading through the next section, which touches on planning for your family's future after you're gone.

MOAA has a number of publications that can assist in this process. Visit www.moaa.org/publications to review the full list of titles.

Other resources include the VA (www.va.gov); the Tragedy Assistance Program for Survivors, or TAPS (www.taps.org); and the Armed Forces Services Corp. (www.afsc-usa.com).

Your survivors will have to make many decisions when the time comes, and it will be easier if you've made your wishes known. Following are some choices to consider.

#### **NOTIFICATION**

Whom do you want to be informed of your death	n?		
Name	Contact information		
FUNERAL			
Do you wish to be cremated? (Rules for cremation var by the deceased. Such a letter should be filed with you	ry from state to state, and some require a letter of authority signed ur personal papers.)		
Where do you want to be buried (national or local cemetery, family plot, etcetera)? If burial at sea is desired, a letter so stipulating should be prepared and filed with your personal papers.			
is well-informed regarding the administrative details of	r, apart from the unique and indispensable services performed, usually a servicemember's death. Depending on religious preference or f assistance. Families with strong religious ties should consult their		

### **FUNERAL**

We suggest you fill in the following: "This is not in my will or the applicable laws, I suggest my execu-	ntended to serve as a legal document. But, within the terms of tor and/or next of kin do the following:"
Funeral home	Phone number
Point of contact	Address
Military ceremony and honors	
Uniform/dress	
Hymns, Psalms, scripture, special service requests	
Pallbearers	
Flowers (or in lieu of flowers)	
OBITUARY NOTICE	
A biographical sketch will be helpful in preparing now will save time and confusion when the time of	an obituary news story. A photo should be attached. Doing this comes.

#### MAKE THE MOST OF YOUR MOAA MEMBERSHIP

Experience MOAA's wide array of membership benefits designed to help you through every stage of life.

**Legislative advocacy** — Your membership helps support MOAA's critical advocacy efforts for better pay, health care, family support, and retirement benefits for military officers and their families.

**Expert advice on issues important to you** — Take advantage of Premium and Life members-only programs designed to help you advance your career, secure your financial future, and make the most of your hard-earned military benefits.

**Affordable insurance products** — Now you can get affordable member rates on life, health, and long term care insurance plans that supplement your earned benefits.

**Financial services** — Access useful online tools as you make decisions about debt management, college savings, mortgage comparisons, retirement planning, and more.

**Military Officer** — Look at today's issues from a military officer's perspective, get updates on your earned benefits, and read about what MOAA is doing for you.

**Money-saving discounts** — Enjoy exclusive members-only discounts on Dell and Apple computers, hotel stays, car rentals, vacation packages, and more.

**Scholarships and grants** — MOAA offers scholarships, grants, and interest-free loans for military children seeking undergraduate degrees.

For more information about MOAA membership benefits, please visit us at www.moaa.org/memberbenefits.

#### **MOAA PUBLICATIONS**

For more than 85 years, MOAA has been fighting for the interests of military members and their families. We understand the challenges you face because we're officers just like you, and we're ready to share our expertise and experience. The MOAA library of guides and reference tools is available to help you navigate the challenges that arise at each stage of life.

Estate Planning

Financial Planning

The MOAA Investors' Manual

Remarriage Guide

Transition Guide

FOR MORE INFORMATION
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OR VISIT US ONLINE AT
WWW.MOAA.ORG.



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